






# Recommended Planting Dates / Key to Symbols

	Seed, Bulb or Transplant	Mountains	Inland Plains	Coastal
Artichoke	TP	May 15-May 25	May 25-Jun 5	May 15-May 25
Beans, Bush	S	May 1-Aug 20	Apr 10-Jul 7, Jul 21-Sept 1	Apr 10-Jun 10, Aug 7-Sept 7
Beans, Pole	S	May 1-Jun 15	Apr 15-Jul 7, Jul 21-Sept 1	Apr 15-Jun 15
Beans, Lima	S	Jun 1-Jul 15	May 21-Jul 21	May 15-Jul 21
Beets	S	Mar 21-May 21, Jul 21-Aug 21	Mar 15-Apr 15, Aug 7-Sept 7	Mar 1-Apr 21, Aug 1-Sept 7
Broccoli	S	Jul 14-Aug 1	Jul 14-Aug 1	Jul 14-Aug 1
Broccoli	TP	Apr 15-May 21, Aug 1-Sept 7	Apr 7-May 15, Aug 7-Aug 21	Mar 15-Apr 21, Aug 7-Sept 1
Brussels Sprouts	S	Jun 7-Jul 15	Jun 7-Jul 15	Jun 7-Jul 15
Brussels Sprouts	TP	Apr 7-May 21, Jul 15-Aug 21	Apr 7-May 7, Jul 15-Aug 21	Mar 7-Apr 15, Jul 15-Aug 21
Cabbage	S	Jul 15-Aug 7	Jun 7-Jul 21	Jun 7-Aug 7
Cabbage	TP	Mar 21-May 15, Jul 7-Aug 15	Mar 15-May 7, Jul 1-Sept 1	Mar 1-Apr 21, Jul 7-Sept 15
Cabbage, Chinese	S	Apr 15-Aug 21	Apr 15-May 7, Jul 7-Aug 1	Apr 1-Jul 1, Jul 21-Sept 1
Carrots	S	Apr 7-May 21, Jul 21-Aug 21	Mar 7-Apr 21, Jul 21-Aug 21	Feb 27-Apr 7, Jul 21-Aug 21
Cauliflower	S	Jul 7-Aug 1	Jul 7-Jul 21	Jul 7-Jul 21
Cauliflower	TP	Apr 15-May 21, Jul 21-Aug 21	Apr 15-May 7, Aug 7-Sept 1	Mar 21-Apr 21, Aug 7-Aug 21
Collards	S	Jul 15-Aug 21	Aug 7-Sept 15	Aug 7-Sept 21
Corn, Sweet	S	May 21-Jul 21	Apr 21-Jul 15	Apr 15-Jun 21
Cucumbers	S	May 15-Jun 15, Jun 7-Aug 21	May 7-May 21, Jul 21-Aug 15	Apr 21-May 15, Jul 21-Aug 21
Eggplants	TP	May 1-Jun 21	Apr 21-May 21	Apr 15-May 21
Endive	S	May 7-May 21, Aug 1-Aug 21	Mar 15-Apr 15, Jul 21-Sept 15	Mar 7-Apr 15, Aug 21-Sept 21
Garlic	B	Aug 21-Oct 21	Sept 7-Nov 15	Sept 21-Nov 21
Kale	S	Mar 21-Apr 21, Jul 7-Sept 1	Mar 15-Apr 15, Jul 21-Sept 15	Mar 1-Apr 21, Jul 7-Sept 1
Kohlrabi	S	Apr 21-May 15	Apr 15-Apr 21	Mar 7-Apr 21
Lettuce, Bibb	S	Apr 5-May 21, Aug 7-Sept 1	Mar 7-Apr 21, Aug 21-Sept 10	Mar 7-Apr 1, Sept 7-Nov 7
Lettuce, Leaf	S	Mar 25-Apr 21, Aug 7-Sept 15	Mar 7-Apr 21, Aug 21-Sept 21	Feb 15-Apr 21, Sept 1-Nov 1
Muskmelons	S	May 1-Jun 15	May 1-Jun 7	Apr 21-May 21
Mustards	S	Mar 15-Apr 21, Aug 15-Sept 15	Mar 15-Apr 15, Sept 1-Nov 1	Mar 7-Apr 15, Sept 1-Nov 21
Okra	S	May 25-Jun 15	May 1-Jun 10	May 1-Jun 10
Onions	S	Mar 10-Mar 21	Mar 10-Mar 21, Sept 1-Oct 15	Feb 15-Apr 21, Sept 1-Oct 21
Onion, Multiplier	B	Mar 15-Apr 21, Sept 21-Nov 7	Mar 1-Apr 21, Sept 7-Dec 10	Feb 7-Mar 7, Sept 7-Dec 7
Peas	S	Mar 7-Apr 21, Jul 7-Aug 15	Mar 1-Apr 15	Feb 15-Apr 15
Peas, Southern	S	May 15-Jun 7	May 7-Jul 15	Apr 1-Jul 20
Peppers	S	May 15-Jun 15	May 7-Jun 21	Apr 15-Jun 21
Potatoes	S	Apr 7-May 21	Mar 7-Apr 21, Jul 15-Aug 15	Feb 15-Apr 15, Aug 7-Sept 1
Pumpkins	S	May 21-Jun 21	May 7-Jul 1	Apr 21-Jul 1
Radishes	S	Apr 7-May 1, Aug 15-Sept 15	Apr 1-Jun 15, Aug 15-Nov 1	Feb 21-May 7, Aug 21-Nov 15
Rutabaga	S	Mar 15-Apr 15	Aug 7-Aug 21	Aug 7-Sept 21
Spinach	S	Mar 7-Apr 1 Jul 21, -Aug 21	Feb 21-Apr 21, Aug 15-Oct 25	Feb 1-Apr 1, Aug 21-Nov 15
Squash, Summer	S	May 15-Jul 1	May 1-Jun 15	Apr 21-Jun 7
Squash, Winter	S	May 7-Jun 15	May 1-Jun 15	Apr 21-Jun 7
Sunflowers	S	May 7-Jun 21	Apr 15-Jul 7	Apr 15-Jul 7
Sweet Potatoes	B	May 15-Jul 1	May 7-Jun 21	Apr 21-Jun 15
Swiss Chard	S	Apr 15-May 7	Mar 7-Jun 21	Mar 1-May 7
Tomatoes	TP	May 21-Jun 15	Apr 21-Jun 21	Apr 15-Jul 7
Turnips	S	Mar 15-Apr 15, Jul 15-Aug 21	Mar 7-Apr 7, Aug 7-Sept 21	Feb 21-Mar 21, Aug 15-Oct 15
Watermelons	S	May 21-Jun 21	May 7-Jun 7	May 1-May 21

We have found the above listed dates to be the easiest times to plant here in the Mid-Atlantic region. Other dates are definitely possible.

-  Heirloom varieties introduced before 1940
-  Varieties suited to climates similar to the Mid-Atlantic region
-  Certified Organic by Quality Certification Services
-  Certified Naturally Grown
-  Small ecological farmers



Historical information on heirloom seed varieties has been researched by SESE. Historical information is noted in brackets after the variety name.

## For More Information

Be sure to check out our website and sign up for our quarterly e-newsletter, which is packed with great tips and ideas to help keep you and your garden growing!

Our website also has great photos of many varieties and variety information we can't fit into this catalog

[www.southernexposure.com](http://www.southernexposure.com)

